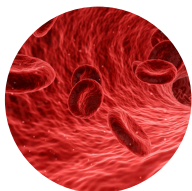


ANEMIA IN WOMEN OF REPRODUCTIVE AGE

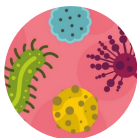


What is anemia?

Anemia is a condition in which both the amount and size of red blood cells in the bloodstream is reduced or the hemoglobin concentration is below normal.

HOW DOES ANEMIA IMPACT WOMEN OF REPRODUCTIVE AGE?

Reduces the body's capacity to transport oxygen.



Infections



Fatigue and diminished productivity



Infants with low birth weight

18%

OF MEXICAN WOMEN OF REPRODUCTIVE AGE ARE AFFECTED BY ANEMIA (2016)

The proportion of women affected by anemia increased by 6.7 percentage points from 2012 to 2016



GLOBAL NUTRITION TARGET 2025

Target of a 50% reduction of anaemia in women of reproductive age by 2025.



The availability of disaggregated data will allow us to monitor the progress of this indicator and identify the population at risk and their characteristics.

SHORT AND LONG-TERM IMPACT

This information will form the basis for developing equitable nutrition strategies and informed policies that will have a positive impact on the health and nutrition of women and future generations in both the short and long term.



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