

WATER INSECURITY IN HOUSEHOLDS WITH CHILDREN UNDER THE AGE OF FIVE.

IS DEFINED AS:

the inability to access and benefit from affordable, adequate and reliable safe water services to lead a healthy life.



WHY IS IT ESSENTIAL TO MONITOR THIS INDICATOR AT HOME?

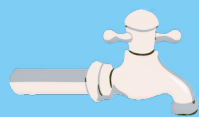
Children under the age of five are particularly vulnerable to diseases transmitted by unsafe water unfit for human consumption, leading to an increased risk of diarrhea and life-threatening infectious diseases



WHAT CRITERIA ARE USED TO ASSESS WATER INSECURITY?



Concerns about inadequate water supply



Interruption of water supply



Water restrictions for laundering



Change of plans and schedules



Change in eating habits



Insufficient hand hygiene



Inadequate personal hygiene



Scarcity of drinking water



Dried out sleep.

WHAT INFORMATION IS AVAILABLE REGARDING MEXICO?

In Mexico, in 2021, 17.9% of households with children under 5 years of age reported that they were affected by water shortages. A regional analysis shows that certain states are more affected. Mexico City and the state of Mexico reported that 1 in 4 households are affected by this problem (24.1%), followed by the Central and Southern Pacific states, which reported rates of 19% and 19.5%, r

Prevalence of Water insecurity in households with children under the age of five.



For additional information, please visit omi.ibero.mx in the indicators section: water insecurity.

REFERENCES

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